

r/Paranormal

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6

Advice

Apprehensive About
Turning Lights Off

(self.Paranormal)

submitted 2 months ago by [Delicious_Necessary3](#)

Lately my dog won't sleep in my room all night unless the lights stay on the entire night. The last couple of nights that I turned them off, he has woken up growling and will jump off the bed as if some entity has forced him off. He the will sit by the door waiting to be let out. I just bought a new home. Its a brand new construction so no previous owners.. The masters suite has large windows and I have yet to put drapes in . I have had the designers take the measurements but won't get them back for a bit.

Anyway.. at first I thought perhaps the dog was afraid of the windows, he is a city dog and we kinda live in the sticks now. Its not rural by any means but definitely more secluded and woodsy. I didnt think much of it. However, I find that one corner of the room gets very dark, and I get very anxious when I look at it with the lights off. At any given moment, I truly expect something to materialize.

Do I have an overactive imagination? What can I do to get rid of this overwhelming dread. Nothing else unusual other than , this used to be my dogs favorite room. He would hide his bones, nap on my bed etc.. he avoids it like the plague. During the day it is very pleasant. Nothing out of the ordinary. I suppose , I won't know until drapes get here.. but I just wanted thoughts.

Am I just overthinking?

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[–] **crissypoo209** 1 point 2 months ago

That’s crazy because I have kind of been in the same situation as you.. I got a night light and it seriously helped lol ☐☐☐

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[–] **Delicious_Necessary3** [S] 1 point 2 months ago

Lol! Whatever helps right?I have been thinking of getting one. I used to be afraid of the dark growing up so that was the norm back in the day. I find myself wondering so what if there's something there as long it doesn't hurt me. However if there is something, it's hostile to my dog and that cannot be allowed. I will sage and get a night light and update the thread . Its nice to know I am not alone.

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[–] **crissypoo209** 2 points 2 months ago

Yes do that! Make sure you open up all your windows when you do it to make sure it leaves. That’s your house!

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[–] **PiratesAnonymous** 2 points 2 months ago

Make sure your carbon monoxide detectors are working properly. Plugged in with battery backup and test them regularly.

The particularly dark areas can be explained by a physiological phenomenon that your eyes automatically do. If you want I can forward a link to it. Essentially makes dark areas appear to be darker and vice versa and fluctuates/moves flowy like.

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[–] **PiratesAnonymous** 1 point 2 months ago

Also make sure carbon monoxide detectors are installed low, like below your knees. Carbon monoxide is more dense than oxygen and builds from ground to ceiling. Ok PSA over 😊

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[\[-\] Delicious_Necessary3](#) [\[S\]](#) 1 point 2 months ago

Thanks..will get them checked out.

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[\[-\] PiratesAnonymous](#) 1 point 2 months ago

Not saying that what is happening isnt real, but just want to cover all the bases first! Stay safe!

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[\[-\] Delicious_Necessary3](#) [\[S\]](#) 2 points 2 months ago

I tend to scare myself silly after watching scary movies..normally I laugh it off and fall back into my regular sleeping pattern. Its the dog's behavior that has me second guessing that perhaps something could be off.

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[\[-\] PiratesAnonymous](#) 1 point 2 months ago

Dogs are supposedly more sensitive to paranormal events. I've had experiences that were very similar amd turned out they were not explained. So its definitely possible

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[\[-\] Delicious_Necessary3](#) [\[S\]](#) 2 points 2 months ago

I hear you. Thanks for your input 😊

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[\[-\] CharlieRipley](#) 5 points 2 months ago

I suggest a doctor and a vet. We have to rule out what can be explained before we talk about the unexplained

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[\[-\] Delicious_Necessary3](#) [\[S\]](#) 2 points 2 months ago

Good point

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[\[-\] Nerevars_Bobcat](#) 2 points 2 months ago

Something changed your dog's behaviour. Tell whatever it is to use another room. If it doesn't, put some iron horseshoes and blessed Saint Benedict medals down, and frankincense incense around the area.

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[\[-\] sufrror](#) 2 points 2 months ago

That's basically inviting real demons in for tea.

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[\[-\] Delicious_Necessary3](#) [\[S\]](#) 1 point 2 months ago

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[–] [Nerevars_Bobcat](#) 1 point 2 months ago

Iron repels many paranormal creatures. The medals and the frankincense are both protective.

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