

r/Paranormal

comments

14

Experience

Looked in the mirror

(self.Paranormal)

submitted 2 months ago by supersoup-

I usually do my vocal warmups in my basement and there happens to be a big mirror that my keyboard is in front of. While practicing I stopped and remember learning about shadow work and looked in the mirror intensely without saying anything, after a few seconds it's like my eyes went blurry and I could only see my eyes in the mirror then grey blur everywhere surrounding my whole face. It felt like my face was changing in the mirror. I snapped out of it and saw a face behind me in the mirror. I looked back and it wasn't there it looked like a outline of a face with green being the outline. I remember a long time ago my ex who was naturally in tune mentioned something about how mirrors can be scary something like that.

8 comments share save hide give award report crosspost

search

this post was submitted on 02 Dec 2020

14

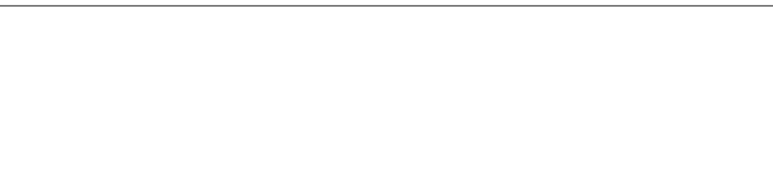
(89% upvoted)

shortlink: <https://redd.it/k59ug1>

Submit a new text post

all 8 comments

sorted by: **new**
(suggested)



save

content policy for

[-] VisiblePin6 0 points 2 months ago

Get an ad-free experience with special benefits, and directly support Reddit.

Get Reddit Premium

Paranormal

leave

795,043 Paranormal Junkies

719 Currently Online

☒ Show my flair on this subreddit. It looks like:
scienceVSparanormal

The spirit of death may be with you. It prays on loners. But if you know this, and it doesn't bother you.. other people notice and it makes you cooler.

Death is usually covered in a Smokey smoke milk colored. But is usually a person or spirit covered in smoke.

I'd not bother deceased people and or don't be a burden in peoples lives if I noticed death around me.

[permalink](#) [embed](#) [save](#) [report](#) [give award](#) [reply](#)

[–] [Meziano_bsmailr31](#) 3 points 2 months ago

Just don't stare for too long to yourself in a mirror it causes hallucinations

[permalink](#) [embed](#) [save](#) [report](#) [give award](#) [reply](#)

[–] [jcicat](#) 0 points 2 months ago

something is definitely attached to that mirror. you should look into it.

[permalink](#) [embed](#) [save](#) [report](#) [give award](#) [reply](#)

[–] [soooooonotabot](#) 8 points 2 months ago

Stating at mirrors can cause psychological effects, its a real thing, just google it

[permalink](#) [embed](#) [save](#) [report](#) [give award](#) [reply](#)

[–] [NeverMindTheCarrots](#) 1 point 2 months ago

OP - Mirrors can be used as Portals. They can "trap" entities in them

Would be interesting to know if the mirror you have one you bought new? or came with the place? Or was given to you etc

[permalink](#) [embed](#) [save](#) [report](#) [give award](#) [reply](#)

[–] [supersoup-](#) [S] 1 point 2 months ago

That's interesting I remember my ex saying something like that. That mirror been there as long as I can remember

[permalink](#) [embed](#) [save](#) [parent](#) [report](#) [give award](#) [reply](#)

[–] [AnimusSpero](#) 2 points 2 months ago

Low light? Or is it well lit room

[permalink](#) [embed](#) [save](#) [report](#) [give award](#) [reply](#)

[–] [supersoup-](#) [S] 1 point 2 months ago

Low medium

[permalink](#) [embed](#) [save](#) [parent](#) [report](#) [give award](#) [reply](#)

Welcome to r/Paranormal

[r/Paranormal](#) provides a platform for its community, believers and skeptics alike, to discuss and share **true** personal paranormal experiences, evidence, thoughts, and theories. Users may also discuss possible theories to debunk submissions.

Open Moderator Position (CLOSED): [APPLY HERE](#)

Verified Opportunities

2018 MEGA THREADS

[USA Locations](#)

Guidelines and Posting Rules

General Guidelines

[New Accounts](#)

[Approved Sites for Submitting Evidence](#)

[Low-Effort Submissions.](#)

[Urgent, Health Related, & Life or Death Submissions](#)

Posting Rules

[Rule 1: Direct Links](#)

[Rule 2: EVPs, Images, and Videos](#)

[Rule 3: Fictional Stories](#)

[Rule 4: Wall-of-Text Submissions](#)

[Rule 5: Promotional & Spam Submissions](#)

[Rule 6: Bullying, Harassment, & Threats](#)

[Rule 7: Karma Farming & Segmented Submissions](#)

[Rule 8: Discussion & Request Threads](#)

[Rule 9: Personal Information & Social Media](#)

Sort Posts By Flair

Photo Evidence	Video Evidence
EVPs	Findings

Advice/Discuss	Question
Experiences	Hauntings
Encounters	Unexplained
CLOSED	DEBUNKED

Community Involvement

Discussion Archives

Our Sister Pages

(Mobile users [tap here](#) for details)

MODERATORS

MESSAGE THE MODS

- [mrs_mcfly](#) [The truth is out there](#)
- [Jack_Shid](#)
- [Moderator / Paranormal Researcher](#)
- [Capaz97](#) [Moderator](#)
- [warasd](#) [Moderator/ Actually a Ghost](#)
- [_Jane_Doe](#)
- [Moderator | CG#1 | Mystify Me |](#)

[about moderation team »](#)

RECENTLY VIEWED LINKS

- [Dream](#) [My grandma visited me on my birthday](#)
62 points | 4 comments
- [Dream](#) [Weird recurring dream about an old haunted house](#)
2 points | 1 comment
- [Encounter](#) [My "Pixie" Problem](#)
101 points | 52 comments
- [Experience](#) [Idk where to post this but something keeps writing on me...](#)
3 points | 7 comments
- [Haunting](#) [My window that never leave me alone](#)
6 points | 2 comments

[clear](#)

[account activity](#)

about

[blog](#)
[about](#)
[advertising](#)

help

[site rules](#)
[Reddit help center](#)
[reddiquette](#)
[mod guidelines](#)

apps & tools

[Reddit for iPhone](#)
[Reddit for Android](#)
[mobile website](#)

<3

[reddit premium](#)
[reddit coins](#)
[redditgifts](#)

careers	mod guidelines		
	contact us		

Use of this site constitutes acceptance of our [User Agreement](#) and [Privacy Policy](#). © 2021 reddit inc. All rights reserved.
REDDIT and the ALIEN Logo are registered trademarks of reddit inc.

π