

r/**PARANORMAL**

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Shadow People Shadow crawling on my ceiling

(self.Paranormal)

submitted 2 months ago by [Sleepy-Dark](#)

At about 2:55 AM I turn off my lights and lay down in my bed. I lay there for a few moments just resting and getting comfortable. I close my eyes for a few minutes and when I open them I see a hunched shadow figure on my ceiling. It disappears and leaves behind shadowy dots where its fingers were. The fingerprints were in a pattern that looked it was crawling towards me I freak out and run for the lights and turn them on. I check my phone and it was exactly 3:00 AM. Few minutes before I went to bed I heard two loud taps on my door at 2:45 AM. I don't know what's going on but I'm concerned.

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Residual dreams? The other night, morning actually, I was dreaming a fairly boring dream. I was walking around in some store. I woke up and the sun was up enough to cast some light in my room. I opened my eyes and saw writing all over my wall. It was across the room so not close to me but I could see cursive writing scrawled from ceiling to floor. Not in straight lines but at all different angles. I stared for a good while, wondering if I had actually done that shit the night before. I sometimes do weird art I dont really remember at night but writing on my walls would not be something I would do.

I figured it was something to do with my dream and shut my eyes to doze a little more. However long it was I opened my eyes again and there was the writing. It was literally on all four walls of my tiny studio apartment. Cursive, and really not unlike my own handwriting. It was to do with my sleep and dream, I lknew I didnt do it and with the suns bright light it was all gone.

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[–] [Kicore0257](#) 2 points 2 months ago

You likely have narcolepsy. Same shit happens to me. Presleep hallucinations.

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[–] [Always_N_4Evr](#) 3 points 2 months ago

You should try to capture it on camera. That way you can go back and see it and have proof. I wish I had. My spouse and Sista think I'm hallucinating and making up fibs.

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[–] [Royal-Carob](#) 4 points 2 months ago

Logical explanation: This could be a dream, the mind gets really fuzzy this late at night sometimes, it can take only a few minutes to slip into dream mode and if you're sleep deprived sometimes it kicks in before you're actually even asleep.

Paranormal explanation: it could be a house spirit. In ancient cultures there were entities that took residence in homes, they were generally neutral and undetectable unless you're psychically inclined, in British folklore they were called brownies or dobbies for example. The only times they'd usually be seen is if they were upset or disturbed by someone moving in or out or if there was turmoil in the household.

Family members and I have seen a similar entity in my own household, we live in a newly built home but we went through some emotional turmoil with a family member a few years back and around that time is when we noticed "it's" presence. The first few times it looked like a small dreadlock covered person, then it

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changed appearance and would present itself as a furry spider that preferred to creep around the ceiling, I thought this was intentional as I generally see those types of spiders in a positive light so I took that as a message it meant no harm, it was just displaced and trying to keep out of the way. We haven't seen it since things settled down.

Like I said being on the ceiling was it's preferred place to be which reminds me of the being you experienced. Generally these beings aren't malevolent though in rare incidences it's said they can become so, if you felt threatened by it you can try to appease it like any spirit by announcing to the room that you mean it no harm and you'd like to coexist peacefully, you can also burn sage or palo santo.

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[\[-\]](#) [gremlinbreeder](#) 3 points 2 months ago

Where do you live. I am in RI and dealt with them in my bedroom when I was little.

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[\[-\]](#) [Birdisdaword777](#) 1 point 2 months ago

Are you by the Bridgewater triangle?

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[\[-\]](#) [gremlinbreeder](#) 1 point 2 months ago

About 40 miles away. Shadow people are well known in Rhode Island and North Carolina for some reason.

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[\[-\]](#) [kenmlin](#) 2 points 2 months ago

Did you take a photo of the fingerprints?

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[\[-\]](#) [Sleepy-Dark](#) [\[S\]](#) 1 point 2 months ago

The fingerprints disappeared when I turned on the lights. When the thing disappeared and the fingerprints were there it was like black shadow dots that were there until I turned on the lights. If I can find a black light I'll definitely check it out.

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[\[-\]](#) [Lady_Boudica](#) 4 points 2 months ago

WOW!! Interesting! I once saw a shadow person on a highway, just below the waist. It was male and was wearing old fashioned work pants and boots. Hope you can register these events.

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[\[-\]](#) [kenmlin](#) 2 points 2 months ago

Did you drive over him?

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[\[-\]](#) [Lady_Boudica](#) 5 points 2 months ago

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Through him.

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[–] [kylebrown070](#) 3 points 2 months ago

Creepy!

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[–] [emilyandabby](#) 2 points 2 months ago

One night i woke up and saw a cat and dog shadow on my ceiling moving it was so crazy.

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[–] [infamouskaz](#) 6 points 2 months ago

Record your next few nights. See what other activity if any is going on while you sleep.

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[–] [Sleepy-Dark](#) [\[S\]](#) 2 points 2 months ago

Sounds interesting. Never tried that before. I'll give it a try.

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[–] [Total4Mayhem](#) 5 points 2 months ago

Has this happened before in the past? Or has any other activity happened in the house before this?

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[–] [Sleepy-Dark](#) [\[S\]](#) 7 points 2 months ago

A big chunk of the stuff I would consider paranormal happens really late at night 1:00 - 3:00 AM. I usually sleep around 8 or 9 pm but occasionally I stay up past that. When I was younger I had a similar encounter except it was more vivid. I was laying in my bed with my head and arm hanging off the side of the mattress. I was looking towards my closet and all of a sudden a humanoid figure crawled out of my closet on all fours at a supernatural speed. It abruptly stopped a few inches from my face and looked at me. I had my nightlight on beside my bed and I could see that it was a really pale boy with black eyes. It was looking at me with its head upside down positioned like that girl in the exorcist when she crawled down the stairs. I blinked and it disappeared. I sometimes see figures out of the corner of my eye when I'm downstairs late at night in my kitchen but for some reason, they are always crawling. I don't know what it means, but I think it's because the first experience was so vivid and scared me so much.

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[–] [nuclearlady](#) 1 point 2 months ago

I would never sleep again alone if this happened to me..you are so brave...how old were you

when this happened to you ?

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[–] [Sleepy-Dark](#) [S] 1 point 2 months ago

I was 10.

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[–] [nuclearlady](#) 1 point 2 months ago

How did you cope ?!

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[–] [Sarahee1018](#) 2 points 2 months ago

Holy crap! Scary!!

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