

r/Paranormal

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Question Ever have a deceased parent contact you a day or two after they died? (self.Paranormal)

submitted 2 months ago by EdwardBliss

My father died in 2009 because of a heart aneurysm. When I got home, I actually heard him talking to me *mentally* in my head. He gave me two messages. Those were the only 2 times he communicated with me. Anyone have a similar experience?

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[–] Mnopas 4 points 2 months ago*

Yes my father contacted my mother and there were other things that surrounded his death. While he was in the funeral home both myself and brother went up to my mom and said. Mr. Paul looks so sick why is he here? She said he was not there. We both said "He is " described his clothes and the big black circles around his eyes. She said it must have been a brother because Mr.Paul died a year before. I knew this man my entire life as did my brother and it was him. His brothers were short. I guess he was there to show my father the way.

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Then when my parents were still alive they made a pact in jest that said whoever died first would have to tell the other how it was when they got there. Get in touch or just call them. It was kind of a running joke. Two days after he was laid to rest my sister took my mom to the food store old magnetic answering machine on. They got home and it had 1 new message. The message very static and far but you heard. Static. Then "Carm. Carm (mom's name) it's ok." Then static. She called me to come and listen as my older sister didn't want to tell her she was nuts. So I listened and it was him. I was so freaked out. We played it for everyone and all who heard the tapes could not deny it was him. I say tapes because it happened again and then they stopped. I still have these creepy tapes and they are scary and comforting to listen too. Once in a blue moon I believe my dad is still here after all this. I went to visit his grave. I laid the flowers said a prayer. Talked to him and it was just close to dark. So I got up to go and no keys gone. I looked frantically for almost 1.5 hours. It was really doing to get dark and I said "Daddy come on help me I can't be stuck here" in tears. Then I took one step and there they were my keys. To this day if I can't find my keys I ask him and 8 out of 10 times look up or down and there they are. It's weird

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[\[-\]](#) [TheJadedHorrorFan](#) 1 point 2 months ago

Do you mean spiritually? In your head?

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[\[-\]](#) [EdwardBliss](#) [\[S\]](#) 1 point 2 months ago

It's hard to describe if you've never experienced it before, but you can actually hear words spoken to you mentally or telepathically. I'm sure many people in this subreddit can relate.

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[\[-\]](#) [TheJadedHorrorFan](#) 1 point 2 months ago

No I have had that night from a relative but I can understand what you're talking about. I was just trying to figure out the nature of it. Is it friendly? What do they say

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[\[-\]](#) [Stock-Winner-2025](#) 1 point 2 months ago

Yes I remember 2 days after my aunt died she visited me in my dreams and she told me that she was okay and that everything was okay, it was a weird dream but I'm happy that she reached out

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[\[-\]](#) [ayun-moon-xiv](#) 2 points 2 months ago

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I was out with friends in the city one night, some years after my mum died. She passed quite young in my life, I was 16 and she was 36 or so. She was the one who I introduced me the supernatural, divination and conspiracy theories. So with my friends watching fireworks and I had an  out of body experience? Where I was my mother looking at me from the outside and feeling proud and full of love for me? It didn't last long and then I was within myself again.

Otherwise, she's only come into my dreams since.

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[–] [jeffreymj](#) 1 point 2 months ago

My mom visited me when I was driving. She told me she was happy.....

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[–] [Objective_Tennis_297](#) 1 point 2 months ago

Days after my grandma died i felt as if she was petting the back of my head and i did sense it was her but when i turned around i didn't see her.

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[–] [Blackcat1206](#) 2 points 2 months ago

Not my parents, my Great Grandmother.

When I was five or six my Mama and I lived in my grant's council house with extended family.

(My Gran and Grandad had lived there for years with nine children and at times a few grandchildren and my great grandmother' for decades before I was even born.

My Great Grandmother had passed more than ten years before I was born when my mama was quite young.

My Mama and I shared a large back room which doubled up as a sitting room/playroom.

One night I was sleeping in my bed facing my toy cupboard which had no door but a really pretty sheet which mama had painted nailed onto the frame of the cupboard keeping my toys tidy.

I remember suddenly opening my eyes to see a little old lady in the doorway of my toy cupboard.

I wasn't scared (which in itself was slightly strange,) as I felt the old lady was familiar and safe, she just appeared to be a regular little old lady with slightly strange-looking clothes.

Without moving her mouth she said 'It's OK Pet, I've just come to see how you are, go back to sleep.' The words sounded clear in my head, being five or six I said OK and went back to sleep.

The next day I was playing in the garden with mama and I told her about what I said was a dream.

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Mama who was very close to her grandmother, looked at me asking me to describe the little old lady, so I did, mama looked a little strange and then changed the subject.

Years later, we were talking about family with my big cousin Jimmy who was living with mama and I at the time (I was about eight and Jimmy was around fifteen, sixteen) and Mama told me that when I described that little old lady I actually described our Great Grandmother.

Jimmy laughed and said when he had the same bedroom he had seen our Great Grandmother also in the same place as I saw her, there were only three differences.

Jimmy knew our Great Grandmother before she passed (all be it he was very young but remembered her well), it was in the middle of the day when Jimmy saw her, and she just smiled at him without speaking.

My Mama got out a really old looking family photo and in the middle of family members I knew looking younger was the very same kindly-looking little old lady.

Additional note 'Pet' is used as a pet name by many people from Newcastle and I think Sunderland also where my great grandmother's family originated from.

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[–] [Angel11651165](#) -2 points 2 months ago

Yeah, he wasn't dead at all

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[–] [Dis_Maniac2837](#) 4 points 2 months ago

The morning after my dad passed away, he sat on my bed. My bed creaked with any type of pressure so I heard that and felt the mattress sink down a little bit. No words heard, but I knew it was him.

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[–] [HexxyWillow30](#) 5 points 2 months ago

My mom visited me a day after she died and again a few days before her funeral. I was still in denial and kept telling her to come back. Haven't seen her in a while, I guess she'll come when I need to know something.

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[+] *[deleted]* 2 months ago (2 children)

[–] [CrotchCricket](#) 1 point 2 months ago

I saw my father a few nights after he passed away. I was 9 and asleep and just had a feeling someone was beside my bed looking at me and when I opened my eyes he was standing there. About scared me to death. Again, I was 9 and had been through some traumatic

times spiritually/paranormal wise before and I knew he wasn't supposed to be there is why I reacted like I did I guess.

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