

r/Paranormal

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Unexplained 2 Days in a Row?

(self.Paranormal)

submitted 2 months ago by [Itszech19](#)

Hi everyone,

I am writing for some advice as to what might be going on. I think there might be an entity in my room. To start, my roommate's boyfriend told me he felt uneasy last time he stayed the night at our place because he heard footsteps upstairs and he's never been up there. He asked what it was, I thought it was odd because the only think up there is my room and I was out of town when he was there.

Now to the part that has me writing for assistance, so the last 2 days when I have gotten ready to leave my bedroom in the morning, the door has been locked. There is no key in the house to lock it and I never lock my bedroom door out of fear of not being able to open it in a fear. This is one of my known fears. Can entities lock doors? Or is that just a thing in the movies? I'm 99.9% certain that just my roommate and I live here, but I am freaking out here.

Does anyone have any advice as to how to stop this? Would it be worth getting one of those sleep record apps?

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[-] ginnypoo_ 1 point 2 months ago

Calm down it feeds off fear

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[-] **PolThePol** 1 point 2 months ago

He might be trolling you.

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[–] lofihofi 1 point 2 months ago

Definitely record your room. Start doing that immediately. Also, I'm sorry if this freaks you out, but there could be the possibility of a squatter maybe living in your walls. I've heard many stories of the squatters knowing everyone's schedule in the house and coming out and helping themselves to things like food and so on. So, Before you think it's paranormal, just get these things out of the way first. If this is not the case, then do a sage cleanse and do it properly

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[-] Itszach19 [S] 2 points 2 months ago

What is a sage clense? And how can I tell if there is a squatter in here. Also, now I'm majorly freaking out because the only way to lock my room door is from inside.

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[-] imaspork003 1 point 2 months ago

A sage cleanse is when you burn a sage wand in your home. It is said to purify a space. For the squatters I would call the police and tell them you suspect a squatter is present. I would get a camera for your room first and record. Make sure it is incognito so if there is a squatter they wouldn't see it.

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