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11

Experience I think someone/something is in my 150 year old house (self.Paranormal)
submitted 2 months ago * by Tigerstrikes222

This is my first time posting here, as I live a pretty normal life and haven't had much experience with the paranormal before. I watch a lot of spooky videos online, and a few have mentioned posts here, so I figured this would be a good place to get help.

Some background: I am a college student currently living at home because of the pandemic. My family is currently renting a 150+ year old church house from the church next door (it's a long story and not important to the problem as far as I know.) I have lived in this house for about 8 years. The house itself is large (around 3,000 square feet,) has an old boiler heating system, and pretty bad plumbing.

I am a very light sleeper, and until recently I would play music or an audiobook or podcast while I slept to block out street noises and such. The house is kind of loud at night, the boiler popping and the pipes making noise. Since I'm moving out soon, possibly into a dorm with other people, I have started trying to sleep without my music or audiobooks. I didn't sleep well for a few nights, but after that I was fine.

But a few nights ago, something started happening. I was laying in bed texting my S/O, at around 12:00-12:30 AM, a really loud scraping sound came from my bedroom door. it sounded like something sharp was dragged down the door. It scared me pretty badly, and I ended up calling my S/O after texting them about it. There was a thumping noise outside my bedroom, and then it was silent. I figured it was my

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imagination, or something falling outside my room, or maybe even one of my siblings going to the bathroom. I turned on music or comfort, and went to sleep.

I pretty much forgot about it by the next night, and I stayed up late playing videogames. At around 1:00, I heard footsteps outside my room. This isn't unusual, my siblings sometimes wake up and use the bathroom in the middle of the night. The problem was that I didn't hear the lights turn on or the door shut or the bathroom fan turn on. I looked at my door, and there was no light behind it. The footsteps kept going, like something was pacing outside my room. I turned off my game and got into bed, eventually falling asleep.

The thing that really got me was last night. I went to bed early, turning on an audiobook that I had almost finished out of habit. I fell asleep, and woke up at around 4:00-4:30. The audiobook had finished a little while ago, I fell asleep before I finished it. I heard what I thought was snoring outside my room. My dad snores every night, some louder than others, so this didn't alarm me at first. The problem is that my dad was gone on a trip, so it wasn't him snoring. I walked over to the door to listen, and upon closer inspection, the sound was more like a rumbling, and it sounded close to my door. There's a possibility that it could be explained by normal things, I just hope you guys can explain it better than I can

So I have a quick update, as of tonight the footsteps are back. And along side this, the Christmas lights I put up in the hallway outside of my room have gone out. I don't feel like I'm in danger, more I'm just uneasy and whatever the exact opposite of sleepy is.

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[\[-\] HeavensRaptor](#) 3 points 2 months ago

Hello, Jared here, neat encounter if I may say so. I would have to suggest finding out if there are any pipes that run by your door. Or under the floor outside your door.

From personal experience these can often create spooky sounds that you wouldn't think they could. Although, you should know your houses' sounds better than I. So on the aspect of it being a haunting or just a roaming spirit. I suggest the following.

If it hasn't harmed you, it just wakes you up, just try telling to be quiet. If you fear thinking it might know you're there. I'm sorry, it already knows and that is why it likes doing this. Make sure you have confidence in your voice and clearly dictate your request. Most spirits or hauntings don't like challenge and many shrink away or leave. Very, very rarely would any up their game in a haunting. Fresh as it seems, it may not have any real attachment to the property and just followed you in. It happens... (shrug.)

If you're religious I suggest seeing if reciting a few verses to help sooth yourself and that are not open ended. They should complete their intent.

Shorter answers.

Remain calm, attempt to gather information on your surroundings and sounds. If that shows true, disregard rest. If not, follow setting up your confidence and speak with confidence, mean what you say, intent. **Do not threaten or challenge if you wish it to go away. (Off the basis that it is a roaming entity.)**

Let me know what you find out and such. I use to live in a very old prairie home, 150+ years.

Thanks for the experience share.

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[\[-\] Tigerstrikes222](#) [\[S\]](#) 2 points 2 months ago

Thanks! I never really feel in danger, it's more just unsettling to be honest.

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