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[Dream](#) I've been having weird dreams

(self.Paranormal)

submitted 2 months ago by [NameAura](#)

So ever since I was a little kid I've had these weird dreams nothing with cryptic clues or something like that but I literally have premonition dreams atleast that's what a person who had the same type of dream called it I've asked a bunch of people and everyone says it's dejavu but that's not quite it

I get these dreams and they're a few seconds long before I wake up but it's always about something that hasn't happened yet usually it's a few months to several years into the future but once I wake up from the dream I know I had one but I don't remember what it was about ive tried writing it down but I can't ever get even the smallest detail to come to mind

Once the event happens from my dream I suddenly remember it and know I had a dream about it though I couldn't remember the dream up until the event happened and it's always been extremely similar to what happened in my dream like only after I realized that I had a dream about this would it alter I don't know what's causing this or if it is dejavu and I'm just stupid I would like an opinion on this and maybe some tips on how I could probably remember it

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[–] [Finao333](#) 1 point 2 months ago

Seems to me that you’ve basically lived in a present situation before

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[–] [NameAura](#) [\[S\]](#) 1 point 2 months ago

I mean I have one memory from before I was born though I couldn’t see while I was super young like before 3 which is one of the earliest memories I have I just saw a bunch of flashing lights but it was like it was through my closed eyes and I heard voices but I don’t remember what they said but I do know that when I was 3 or 4 I could remember what they said

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[–] [Finao333](#) 3 points 2 months ago

Yeah that’s wicked.. doesn’t sound too much like deja vu.. the human mind is fascinating.. I hope you get the answers to your questions

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[–] [NameAura](#) [\[S\]](#) 1 point 2 months ago

Thanks my teachers and everyone I’ve asked have all said dejavu but it doesn’t quite fit dejavu

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[–] [Finao333](#) 1 point 2 months ago

Yeah deja vu, I feel like is a tad simpler than what you’re describing.. that’s amazing!

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[–] [NameAura](#) [\[S\]](#) 1 point 2 months ago

I also notice that sometimes the lights in buildings will flip on and off randomly for like half a second and no one other than me seems to notice and other times I zone out and I feel like I’m being dragged and then when I snap back I can see the world shifting like I was just zoomed out to much and it snapped back to

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normal though those might just be hallucinations

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[–] [Finao333](#) 1 point 2 months ago

Sounds to me like an outta body Experience to me.. yeah that's a little strange; you might be tapping into other parts of your brain, that you couldn't reach normally, and don't realize it

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[–] [NameAura](#) [S] 1 point 2 months ago

Well I'm not willing myself to do it and most of the time It just happens but I never see myself but it's not my body being dragged I should clarify it's my eyes my body will remain stationary but I can feel my eyes zooming in somewhere almost like tunnel vision but it'll be a random spot on a wall or in the sky

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[–] [NameAura](#) [S] 1 point 2 months ago

It's honestly pretty weird when I realize that I've seen it before because you know that oh shit moment you get when you finally find a show you were looking for for the longest time or like when you finally find an answer to a problem that's what I get every time I realize I've had a dream about a situation

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