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Dream Long-Distance Night Flight

(self.Paranormal)

submitted 2 months ago * by [Marlusa91](#)

I had a very strange dream one night when I was living in Colorado. In the dream, I was sitting on my bed back home in Guam. I was humming and reading a book to myself, something I do almost every day. After a few minutes, I decided that I wanted to go to my parents' room. I got off the bed and walked across the end of the hallway with heavy footsteps to my parents' bedroom door. As usual, the door was closed. I wrapped my right hand around the doorknob and tried to turn it. It was locked. For some reason, I really wanted to enter their room. I turned the doorknob back and forth but it would not budge. My stubborn dream self was not accepting that the door was locked. I placed my left hand over my right hand and shook the door with all my strength. It still did not open. I gave up after a few seconds, released my tight grip from the doorknob, and clumsily walked down the hallway towards the kitchen. I don't remember ever reaching the kitchen before waking up. I looked at my alarm clock. It was 5:00 in the morning. I went back to sleep.

I was on the phone with my parents the following evening (Colorado time) when they told me about a strange experience they had the night before (Guam time). They were watching TV. The air-con was on in their bedroom so they made sure to close the door. My mom quickly muted the TV as she heard a strange noise coming from my bedroom. My parents are empty-nesters, so there should not be anyone in the house but them. Then they heard heavy footsteps walk

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out of my bedroom, across the hallway, and towards their door. The doorknob began to slowly turn on its own. There was a brief pause before it turned again a few more times. All of a sudden, the door began to shake violently. The shaking ceased after several seconds. The heavy footsteps moved from the other side of their door, down the hall, and towards the kitchen.

"When did this happen?" I asked as my heart began to race and my breath became shallow.

"This was around 10 last night," my mom replied.

10:00 PM in Guam would have been 5:00 AM in Colorado.

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[~] ArcturusTea 1 point 2 months ago
That's so cool! Some people may call it astral projection, but what you experienced sounds better. I wonder if your parents saw a book on your bed that night?

Also did you tell your parents what you experienced?
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[~] Ornery_Inspection 4 points 2 months ago*
I once had a dream that I floated downstairs and saw my mother prepping chicken for dinner (My mother lives with me).
When I woke up and went to go speak with her, she was in the kitchen placing food in the oven. I asked her, "What are you cooking?" and she answered, "Baking some chicken that I prepped earlier today."
It's not the first time I have dreamed of moving around the house and seeing my mother doing whatever, only

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to wake up and discover she was actually doing whatever while I was asleep.

Maybe it's an odd coincidence? Maybe it's astral projection? Maybe it's Maybelline?

Anyway, it's interesting to experience and it makes you wonder what dreams are really made of and what connection they have to the other side.

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[–] [deleted] 2 points 2 months ago

I think you're wanting to check up on them more, but can't, you're locked out. As far as having that dream at the same time, you may have a connection to them, and picked up on what was happening to them. It's probably a ghost in their home. However, I could totally wrong, and you traveled to their house in your sleep and shook the door. Who knows?!

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