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Experience On the mirror after a shower

(self.Paranormal)

submitted 2 months ago by LeftComfortable

I was 11 or 12 when I went to my bathroom to take a shower, I take really hot showers and the mirror always fogs up. It was like any other day. My sister and I would always scare each other by picking the lock and coming into the bathroom while the other is in the shower and do something like pour cold water or yell to frighten each other so when I heard a sound in the bathroom whilst I was showering I knew it was probably my sister so I peeked out of the curtain but she wasn't there and the door was still locked so I never minded it and continued on in the shower. But when I get out I see on the mirror written in the fog all capitals "HELP" I was really confused because id never saw that there before and it weirded me out so I called for my sister she came and looked and blamed me saying I was trying to scare her but it was not me, to this day she still says it was not her and that I'm the one who did it, it has been so dragged on that I'm starting to question if I did do it and just don't remember but I think id remember, I just don't know anymore it still freaks me out. (Also I took a picture of the "HELP" when it happened and still have it saved on my phone)

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