

## r/Paranormal

## comments

614

Discussion My little brother came to me in a dream the night he died.

(self.Paranormal)

submitted 2 months ago by Just\_a\_dude\_online 🐾

A few weeks ago, my 23 year old brother passed away. It was a sudden death, no warning signs. We are 6 years apart, and were very close. The night he died, I had a dream we were both at the river we both would frequently hang out. The water was extremely rough, and the rapids were violent. In my dream, my brother looked at me and said let's go swimming in the rapids. I pleaded with him not to go in, but despite my warnings, he went swimming in the water. The whole rest of my dream, I was following him in the water, trying to catch up. I never did, and then woke up. 2 hours later I found out he died in his sleep. Has anyone else heard or experienced something like this?

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[–] [Triptrav1985](#) 3 points 2 months ago

Did he have any health issues you were aware of?

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[–] [Just\\_a\\_dude\\_online](#) [S] 6 points 2 months ago

Thank you to everyone who shared their experiences and expressed their condolences. I strongly believe in the spiritual world, and know that he connected with me when he left, and we will connect again in time.

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[–] [KatrinRen](#) 4 points 2 months ago

I am so sorry for your loss. Maybe the dream was your brother's way of saying goodbye. I once had a dream about my grandfather , right after he died. I turned my head and he just kind of showed up out of nowhere, and raised his hand. He looked happy and was outlined with a golden aura.

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[–] [nikikthanx](#) 8 points 2 months ago

That's so sad, I'm so sorry for your loss. When my uncle died a few years ago, my grandma said she had a dream that he went down to Mexico and was drinking margaritas on the beach. After the family learned of his death, she insisted it wasn't him, that he swapped the body for someone else and he was actually on vacation in Mexico.

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[–] [Bianka79](#) 1 point 2 months ago

I am so sorry for your loss.

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[–] [Life\\_isbutadream](#) 15 points 2 months ago

This happened to my mom too. One of my parents best friends died from AIDS that he got during a blood transfusion and the night he died my mom had a dream that he was in our house, frantically packing a suitcase while crying. He was just shoving things in there like he was in a huge rush. He kept trying to close the suitcase but there was so much stuff thrown in there that he couldn't shut it without everything sticking out from the sides.

My mom asked him what he was doing and he jumped when he heard her, like he didn't expect her to be there. He kept repeating that he has to go now and he was sorry, sobbing while he rushed around and then he eventually left. With the horribly tragic and unexpected way he died, it would make sense that he wasn't happy about being forced to leave this life.

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The next morning my mom woke up, told us about the dream and then the phone rang with the news that he had passed in the middle of the night. I was only a kid but I vividly remember that day and how sad it was. He was only in his early 30s.

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[\[-\] Yuaskin](#) 7 points 2 months ago

Sounds like a book I read in high school. Friends go to the store after a heavy rain. On the way back they dare each other to swim across the river. They do it. One doesn't make it. Remaining friend must live with guilt.

But thats the book. You pleaded. You did all you could. It was his time. You may not remember, but this may have been his way of saying goodbye. Focus not on the morning, but celebrate the life he had.

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[\[-\] illitior3](#) 1 point 2 months ago

you just evoked a painful memory i forgot i had. that book was so sad! do you remember what it was called?

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[\[-\] Yuaskin](#) 2 points 2 months ago

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[\[-\] illitior3](#) 1 point 2 months ago

thanks!

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[\[-\] GnomeSlayer](#) 11 points 2 months ago

I was on deployment many years ago. I was sleeping, and I woke up, just knowing that my grandfather had passed. It was like someone had touched my forehead. The next day the chaplain found me, after the Red Cross delivered the news to him. I still miss him.

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[\[-\] Just-STFU](#) 21 points 2 months ago

My younger brother died in a fire 30 years ago. A few minutes before I found out, he just sort of was there. I can't explain it other than he just appeared and said he was sorry. Then he was suddenly just gone. I know what I saw and I know it was real, and that's what counts for me.

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[\[-\] moonboots1204](#) 23 points 2 months ago

A few days before my father died suddenly during a surgery, my mother had a dream that they were on an elevator together. She got off on whatever floor and

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turned around to tell my father that this was their stop. When she turned around, he was still on, and the doors were closing.

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[–] [fleaber](#) 6 points 2 months ago

This gave me a proper shiver up my spine!

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[–] [Super\\_Jill\\_](#) 16 points 2 months ago

The night my dad died I had a dream of him like a normal day, like nothing had changed. It's been almost three years and I have yet to have a dream of him. I think they visit our dreams as they depart this world and move onto the next.

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[–] [MacMike80](#) 17 points 2 months ago

This happened to me w my grandpa. I had only met a handful of time when he died- I was around 5 or 6. He appeared at the foot of my bed and said "tell your mother everything will be alright." I traipsed down stairs, woke my mom up and told her "grandpa says everything will be ok". She told me to go to bed. The next morning my aunt called to say he died. My mom asked me to describe who I saw and I described him to T of what he looked like when she was a little kid, which was basically what he looked like as grandpa but w tight skin and no gray hair.

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[–] [Agreeable-Asparagus](#) 16 points 2 months ago

The night my grandfather passed away I dreamed I saw his body in a morgue. He sat up and looked at me and I woke up. I was 9. I had no idea what a morgue was. I got up to find my parents because I was scared shitless, only to find a babysitter asleep on the couch. I found out the next day he had passed and that's where my parents were. It's one of those things that stays with you. I'm very sorry for your loss.

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[–] [vcmroxo](#) 11 points 2 months ago

This happened to my best friend. The day her cousin died, she was getting surgery for something and he came to her. Her phone call to me was "Patrick's dead, he came to me while I was in surgery".

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[+] [bravo6goinblac](#) *comment score below threshold (0 children)*

[–] [brookereep](#) 20 points 2 months ago

My grandpa passed away in 2013 and I recently had a dream about him, I was at my aunt's house in my dream and we was about to have a dinner, my aunt used to cook alot and the family would go up there, but

anyway so we was waiting in the living room for the food to finish and it felt so so real, then all of a sudden my grandpa comes through the door and I was so, so I don't know but I was confused bc I thought he passed away and I was the only one who could see him but it's like I was surprised bc he came, and he came to the dinners Everytime we had them but I guess in the dream he passed away earlier and so anyway I sat on his lap and hugged him while crying and he said, it's going to be ok, I'll see u again, and it felt so real, the hug was so real, then..I woke up, I wish I could dream it again, that was the first time I dreamed about him since he passed away and it made me so happy bc I was having a hard time and I was begging him to come get me bc I'm so lonely and I'm depressed and I'm scared but I was wanting to give him one last hug and I finally got to see him and hug him one last time..😭😭 I miss u paw paw

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[\[-\] mayhemlikeme28](#) 16 points 2 months ago

This isn't quite the same, but some years after my grandfather died I dreamt that my family was all eating at a buffet we frequented. As I stood to get my food I saw him there. I was crying and hugging him saying how much I missed him while everyone else was just acting casual. It was like him and I were the only ones who knew he was dead. It was a terrible dream honestly. I wish I would have tried harder to not wake up, to talk to him more instead of just cry.

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[\[-\] rilp](#) 5 points 2 months ago

This is messed up. I had a dream exactly like this about my Father who died somewhat recently. We were in our dining room having a bit of a party and my Dad was there with my friends son who had also recently passed. I knew they were dead and they knew they were dead but nobody else there did. It was almost like they thought it was funny. I remember being overwhelmed and sitting down at the head of the table and my friends son put his hand on my shoulder then I woke up feeling pretty uneasy.

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[\[-\] acelkins720](#) 8 points 2 months ago

I recently had a dream similar to this about my brother. I've been pretty fucked up since then tbh.

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[\[-\] mayhemlikeme28](#) 5 points 2 months ago

Yeah I was pretty messed up afterwards for a while as well. It does get better though. I

haven't had any dreams like that since and that was years ago.

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[–] [brookereep](#) 5 points 2 months ago

I'm so sorry, I wish I could have slept longer too, just to be there a little longer, I'm sorry for ur loss💔

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[–] [keldra1702](#) 8 points 2 months ago

I'm so sorry for your loss. Maybe that was his way saying that he was passing on. The dream was at a place you like to go to together and in a more physical way he wanted to show you that he was passing on. Or you were so bonded to him that your mind felt him passing away and interpreted this way mentally as he was passing because you felt his life force ending. Either way it's paranormal. It was your connection being why you saw it.

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[–] [brookereep](#) 4 points 2 months ago

Yea, I would like to think it's him telling me he's ok now☐

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[–] [brechica52](#) 9 points 2 months ago

Yes I have, I had a dream about a month before my cousin passed from leukemia complications that she had passed, I was so relieved when I woke up and it wasn't true.. little did I know.

I'm so sorry for your loss, I think our dreams sometimes give us glimpses into the future.

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[–] [livinlifeisurely](#) 13 points 2 months ago

Yep, I have experienced something like this; once with my sister and once with my brother. About a month prior to my sister dying, I had a dream in which I knew she was going to die soon, and a month later she died. With my brother, the night he died, he came to me in a dream and showed me where I would find his body.

Both of them were unexpected deaths in the sense that they were both perfectly physically healthy prior to the death, so it wasn't like anyone should have known it was going to happen/had happened, yet for some reason I did.

I don't know what your relationship with your brother was like (although you said that you were close), but if it was anything like the relationship that I had with my siblings, I am sure he is watching over you still and that he cares for you and wants you to live a happy life.

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[–] [diper\\_\\_911](#) 26 points 2 months ago

Yes, I have. Firstly, I would like to say that I'm very sorry for your loss. We had a family friend that would come over every week for dinner. He'd always bring us gifts and our favorite movies to watch with candy and popcorn. Anyways, I loved him, and he was like an uncle I never really had.

One night, my mom made me spend the night at this girl's house that I really didn't like. Truthfully, I felt so uncomfortable at her house, and I really couldn't wait to go home. I decided to go to sleep early. That night, I dreamt that I walked into the living room of my family's home, and Greg was sitting on a chair in the middle of the living room. The curtains were drawn shut and the room was dimly lit with a blue light. I felt a deep sadness and I asked him "What happened?" but he didn't answer me. We didn't say another word to each other, and I woke up.

The next morning when my parents picked me up, they shared the devastating news with me. He passed away. Later in my life, they told me he actually committed suicide, so I shared my dream with them. I truly think he was saying goodbye to me.

RIP to your brother ♥

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[–] [Avalon\\_11](#) [ ] 7 points 2 months ago

So sorry for your loss.

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[–] [mynameisnoneofyourbi](#) 49 points 2 months ago

My dad died unexpectedly. He drowned while scuba diving. We were close. He was the best dad. The night he died we met up in a dream. I had fallen asleep in my room and after some time I started to become very consciously aware of a dream I was having because I could hear and feel myself talking. As I listened, I then saw my dad sitting across from me. It looked like he was sitting in a nice hotel room. He looked comfortable. I remembered that he had just asked me how mom my and siblings were doing and if we were okay. I was explaining to him that everyone is okay that he has nothing to worry about. Once I fully realized what was happening, the dream started to fade out. Light filled my vision and I remember thinking I must have fallen asleep with my fan light on above me. I opened my eyes. The light was off. It was dark and I just laid there awake and in awe of what I had just experienced. I miss you dad.

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[–] [theidiot8D](#) [ ] 17 points 2 months ago

A tear to you good sir

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[–] [H\\_is\\_enuf](#) 29 points 2 months ago

Yes! The night my grandfather died I had a dream the two of us were walking to his fishing pond. As we were walking the grass grew taller and he got farther ahead of me, until he disappeared in the tall grass and although I was looking for him, I couldn't find him. I woke up to the news he had died overnight.

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[–] [deleted] 8 points 2 months ago

The last time my best friend came to me in a dream, we were chilling on a bridge just catching up and talking. There was a river that was running fast underneath. He said "you dare me to jump in" he was always the dare devil type. I was really scared and I told him not to do it, he got over the rail and jumped in. I ran down so I could follow him in the water but then I woke up.

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[–] [mammacarrie](#) 15 points 2 months ago

I had a dream my great uncle was climbing a dark wooden stairway that was only lit up by the a huge stained glass window at the top. He kept looking back saying "who is going to take care of them when I'm gone?" I was reassuring him. I woke up to my phone all lit up (on silent/ no vibe). My dad was texting me to tell he had passed. I didn't even know he was ill. :(

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[–] [Yes\\_But-No](#) 18 points 2 months ago

My grandpa came to visit me in the hospital in Oct. 2019 when I was sick.  
He died in April of 2019 though.

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[–] [dmason09](#) 9 points 2 months ago

When my best friend's sister died I had a dream that I was talking to her over a walkie talkie.

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[–] [Spork\\_32](#) 11 points 2 months ago

I lost my best friend back in 2014 very suddenly. In 2015 two weeks before her one year mark I had This dream that she was there trying to tell me something but it sounded like she was underwater and then I woke up. I don't remember the exact time anymore so let's say I woke up around 9:45. Around 11 I found out that another friend of mine had killed himself and was found at 9:45. I have never had a dream about him but for a very long time I would have tons of dreams about her where she was just out of reach, or I'd see her and when I made it to her she was someone else.

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[+] [deleted] 2 months ago (1 child)



[–] [jewel976](#) 20 points 2 months ago

Wow this is so relevant. My little brother died last year, and my mum died this year. I dream about them constantly, and they're always about to die, or they're always out of reach. It's like I'm re-living them dying over and over. Unprocessed grief, I suspect. If you're like me, these dreams will continue until you manage to process your grief (even though this happened to you and you didn't know he'd died). Was thinking more down the track...

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[–] [kgb1971](#) 5 points 2 months ago

If you meditate you can actually connect with them and make peace with them being on the other side

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[–] [michaelmichael222](#) 8 points 2 months ago

Yes I have had these types of things happen for most of my life . I'm sorry about your brother I'm hoping you are ok .

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[–] [Upstairs-Painting51](#) 5 points 2 months ago

I have dreams about the future. Sometimes they come true but after a few years. Rip to your bro.

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[–] [Shnoopy\\_Bloopers](#) 16 points 2 months ago

I fully believe the deceased can communicate with us via dreams.

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[–] [apocalypticalley](#) 9 points 2 months ago

Proof to me that we are alive in different dimensions / realities at times. I am so sorry for your loss ♥ I hope he comes to you in your dreams again, maybe in a more positive way.

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[–] [welcomethrillhouse](#) 41 points 2 months ago

My little brother was diagnosed with an extremely rare terminal cancer at 18 and died within 4 months of diagnosis, even though we know it was coming it was still very sudden. The night he died I had a dream we were both sitting on the beach together talking. I was crying and telling him how much I loved him and he just laughed it off and told me he would be okay, woke up to my mom calling me to tell me he died in the night. I moved out my family house really young and was always jealous of all the time my other sister would spend with him going to the beach but I was gone and working all the time. So it was nice I finally got to spend time at the beach with him ☐

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[–] [rabidsaskwatch](#) 17 points 2 months ago

Someone in my family had a similar experience the night of my grandpas death. It wasn't a dream, she just woke up and knew that he had died and was going to get a call from her mom. A few minutes later she did. You're definitely not alone. My guess is it's a sixth sense, you're just able to know somehow. I think that's more likely than a spiritual visitation, but that's also a possibility. You never know.

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[–] [marsirack](#) 51 points 2 months ago

I had a strange dream the morning (4:38 am) my brother passed away. He was talking about an orange cat that he was making fun of. Laughing and happy about this big orange cat. I thought it was related to the fact that when we were roommates in our twenties. We had an orange cat. Anyway I woke up and knew at that moment he had passed away. He was in hospice so it was not a surprise. But about 2 weeks after he died. A Feral orange huge Tom cat showed up here and hadn't left since. I did post found cat signs as well as posts. This cat totally reminds us of my brother in looks and personality. He's an asshole. Just like my brother. But I love them both

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[–] [ThaiaRusso](#) 54 points 2 months ago

Hi, the night my biological mother passed away, I dreamed of her. She was standing next to this wall of numbers. She said nothing. The wall of big bold numbers looked like graffiti on the wall next to her. 9, 35, 58, 2, 14, 11. Honestly, my husband thought they might be the lotto numbers LOL. Anyway, turns out, she went into cardiac arrest on Feb 14, at 9:35 pm, she was 58. As for the # 11, it was the next day we found out she was watching channel 11 here in Houston at the time she went into cardiac arrest. I'm sorry for your loss.

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[–] [apocalypticalley](#) 9 points 2 months ago

The amount of synchronicity in the numbers is astounding. My heart goes out to you and yours 🙏

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[–] [WiscoDisco82](#) 12 points 2 months ago

Sorry for your loss. Wow on the numbers tho!

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[–] [Jazz-cigarette](#) 21 points 2 months ago

the night my cousin passed away i had a dream where we were just chilling and joking around. Told me he had to go, i woke up for work and seen my cousins and

aunts together and i just say did "he" pass? Yup, Got hit by a car at 10:00 PM.

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[–] [ThaiaRusso](#) 1 point 2 months ago

OMG! I'm so sorry for your loss.

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[–] [succubuscass](#) 4 points 2 months ago

wow. my little brother and i often dream the same dreams.

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[–] [wendigo\\_dinnerparty](#) 31 points 2 months ago

The night my Grandfather died (he was in hospice, we got the call and had been tending to him for 3ish days and finally decided to take a break in our own beds), I had a dream about him. It wasn't super profound or anything, I remember him standing in the doorway to my room with a really bright light behind him. He didn't say anything, he just smiled and waved. I woke up bolt-upright immediately after that, right as my Mom was walking into my bedroom to tell me the hospice just called to say he passed away.

Im sorry for your loss btw.

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[–] [ThaiaRusso](#) 1 point 2 months ago

OMG! I'm so sorry for your loss.

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[–] [interfuckinstellar](#) 61 points 2 months ago

My best friends dad died on New Years eve about 5 years ago. He literally dropped dead on her porch in the middle of the night waiting for his brother to come over. My friends mom was sleeping when it happened and in her dream he came to her and said goodbye and how much he loved her. She woke up immediately really confused and went to check on him and found him dead on the porch.

It was so sad.

I'm truly sorry for your loss.

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[–] [eatpant96](#) 21 points 2 months ago

The night my ex-boyfriends dad died, I dreamt of him . He came to me in a pitch black room and said he had to go now and to take care of his son. He was wearing a hospital gown and was wheeling an IV stand with him. I told him I would try. A few hrs later my ex bf called me and told me his dad had passed. I didn't ever tell my ex because I didn't want to upset him.

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[–] [Happinessrules](#) 27 points 2 months ago

I'm so sorry for your loss. It sounds like you maybe had a premonition about your brother's death. I had one about my mother. I could see her clear as day walking towards me. She passed that evening shortly after my vision. I have no idea why things like this happen.

About six months after my father passed I had a visitation dream and it was amazing. We hugged and I swear I could feel and smell him. He told me he was okay. It made me so happy to see him.

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[–] [sportyspice83](#) 12 points 2 months ago

This made me tear up. Thinking of you

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[–] [priklymuffin](#) 21 points 2 months ago

When my mother died, it was very early in the morning and I woke up because i felt like all the air was sucked out of me. I went back to sleep and a few hours later my dad woke me to tell me she had died that morning

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[–] [glizzystyll](#) 12 points 2 months ago

sorry for ur loss bro

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[–] [blueishblackbird](#) 34 points 2 months ago 

Sorry for your loss. I lost my only brother a few years back. He died in his sleep as well. He came to me in a dream after he died and in the dream he was living on a different planet in a big nice house. He said something similar in the sense that it seemed he was telling me it was ok to die, not that there was any hurry, but that it was just another thing we do. He said, "You should really come move in with me". I had so many things happen like that in the days following his death, it's too much to write here. You know your brother better than anyone, so be aware that you might feel his presence or hear his words. It might seem weird, but try talking to him if you want to. You never know, he might be listening. I truly believe that people don't disappear when they die. I don't know what happens, but when I talked to my brother I got a response. One of the things I would do was just ask a question, and I'd get the answer in the way only he would answer it. Even if it was in my head, it was still a nice way of remembering him. He seemed to stick around for a while, maybe a few weeks, and as time went on his presence became less. I still feel like he is looking out tho. It's been 7 years. I fell certain I'll see him again.

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[–] [pinkshiz](#) 9 points 2 months ago

I have a similar experience. My cousin passed in her sleep too. The night after I was crying and fell asleep and I started dreaming about a family reunion and I just knew she'd be there. She was, and she looked really bright and was glowing. She told me not to cry and it was okay and I'd see her again someday. When I woke up I had no doubt she had come to say goodbye.

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[–] [butwhy0506](#) 19 points 2 months ago

This happened to me recently. My mom's older brother (she has 12 siblings. this brother was the 2nd eldest of them. she's the 7th child) was dying. His daughter sent a photo of him to relatives asking for help because he is such in a bad state. His wounds are not healing and already smell like its rotting. So that night I prayed to just take him away from us. Because he has suffered enough (I honestly dont know why his children did not brought him to the hospital. Even after the quarantine wasn't that strict anymore). That night I dreamt of him smiling together with my mom and other aunt. His face was so different from the photo that was sent to us.

The morning I woke up to the news that he passed away over night.

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[–] [mllefelie](#) 15 points 2 months ago

Sorry for your lost. Sending you strenght.

I did a dream a bit like this one: I was at the grocery store in which I worked back then. I was waiting at the cashier and saw familiar hair. It was my dead cousin's classic hairstyle. I said her name and she turned to me. She had mixed feelings on her face. I said with confusion: "But you're dead..." She simply came closer and hugged me replying: "Don't say that..." And I woke up.

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[–] [mcangel76](#) 7 points 2 months ago

Sorry for your loss

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[–] [GBC999Posse](#) 5 points 2 months ago

He rest in peace thats sad I'm sorry

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[–] [mcangel76](#) 9 points 2 months ago

And I hope you find peace within you x I lost my brother to drowning in 2006. It took me to a few years ago (after a dream of him) to realize he's in peace and wishes that for the 6 of us left. He'll always be with you.

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[–] [BekahN](#) 54 points 2 months ago

I did have something similar happen. Here's some back story...My father committed suicide when I was 13. He was an alcoholic, drug addicted, bi polar, co dependent mess my whole life. The year before that, my mother left him and took me and my younger sister to live a few states away. When my mother told him we were leaving his exact words were, "can't you just send the girls to live with relatives and stay here with me?" And when she said no, his next words were "take me to the liquor store before you leave" So anyway it wasn't a giant surprise when I found out he had killed himself. I was in 7th grade and for some reason I called him one day when I came home from school. A state trooper answered the phone and I thought i had the wrong number at first but he said "no you have the correct number, but i need to speak to someone over 18." Soooooooo anyway, on to the point of this story...That night I spent the night at my older sister's house. I was sleeping on her couch and I woke up out of nowhere around dawn. It was like 1/2 dark out still. I closed my eyes and I was like kind of awake but kind of asleep, if that makes sense. I started dreaming that I was sitting in my dad's office chair in his HAM Radio room (he was a huge HAM radio enthusiast) which is where he was found after he died. So I was just chilling in the chair kinda turning back and forth playing with some of the dials on his radio stuff. And all of a sudden I knew he was in the room. After that it was like I was watching myself in the chair and he was standing next to me. He was skinny, and super pale, with a white shirt and white pants. He started talking to me. But it was weird because it was almost like I was hearing his thoughts because his mouth wasn't moving. But he *said* "I am so so sorry. I only did it because I thought your mother didn't love me anymore. I hope you can forgive me. I really do love you." So yeah, not the exact same thing. But I 100% believe that my dad had realized he made a huge mistake and came to me to apologize.

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[–] [Nel331968](#) 1 point 2 months ago

take some comfort in that he came to you to apologise..life throws us all so much confusion and chaos..the real lesson here is not make the same mistake..stay strong my friend..

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[–] [BekahN](#) 2 points 2 months ago

Thank you

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[–] [Nel331968](#) 1 point 2 months ago

you're very welcome

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[–] [earthroaming](#) 12 points 2 months ago

You could also cross post to [r/visitationdreams](#) to see if anyone else has comments there.

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[–] [smlberrie](#) 45 points 2 months ago

My 28 year big sister passed away in her sleep at the end of September this year because her heart went off rhythm and didn't fix itself. She was health conscious and worked out all the time so it was so unexpected. I woke up in the middle of the night that night and couldn't fall back to sleep. I remember laying in bed and thinking like why can't I just turn my head off. That morning when i woke up to get my kids ready for the bus, I had a weird feeling that my dad ( who passed away in 2006) was watching me and that was weird for me because I dont think of him as often anymore and really have never had that thought. A few hours later I found out about my sister. Im so sorry you lost your brother. My heart hurts for you. ):

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[–] [f1orencia](#) 14 points 2 months ago

I am the big sister in my family and this stories always crush me, I don't ever want them to have to feel like that. Thank you for sharing, sorry for your loss

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[–] [GBC999Posse](#) 8 points 2 months ago

Ditto, but for you and your loved ones as well. Rest in peace to all of those who lost loved ones. Your dad was definitely watching over you

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[–] [spiteandmalice315](#) 61 points 2 months ago

Sorry for your loss. I lost my older brother/ best friend three years ago. I woke up one night at 2am completely terrified and distressed. It was a terrible feeling of dread and awfulness. I even woke up my wife because I needed to know I wasn't dead or something. I fell back asleep eventually but i had a hard time shaking that feeling.

It was two days later that I got a call at 7am from my younger brother telling me our older brother was dead. He had killed himself a few days prior and no one had talked to him since Sunday(it was now Thursday). The coroner said it probably happened Tuesday night, the same night I woke up. I believe in my heart I felt him pass from this realm.

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[–] [Drjerry01](#) 5 points 2 months ago



I'm so sorry for your loss. Our youngest uncle, who is the most humble, generous, and loving person, had been in the US for about 2 decades. He'd visit every 2-3 years during winter breaks. Last year in July one day I was in the hospital (my workplace) trying to take a nap before my shift started. I can not explain it exactly but I remember feeling anxious. I couldn't fall asleep for a second and had butterflies in my tummy. You know that feeling of impending doom? That's what I had. In my sub conscience I specifically remember thinking someone in my family had passed away. It was only a few moments later that my sister called and told me that uncle had passed away due to a road traffic accident. They were hard times. We couldn't even bring his body back to the county to give him a proper funeral and ourselves a proper closure. I still feel like his untimely death has left a huge mark on my whole family.

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[–] [Nel331968](#) 2 points 2 months ago

so hard for you..but look at it this way..he chose to let you know and feel his passing..through his love for you as a sign of you're importance to him..stay strong hun..

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[–] [M27fiscojr](#) 5 points 2 months ago

Sorry for your loss.

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[–] [apeironxo](#) 12 points 2 months ago

I dreamt my gob mother the exact time she died. She had cancer but in my dream she was the way she was before her cancer. She wore a white dress and came to me held my hand and said it's all okay now. I woke up and knew she had died. I went to school that day and when I came home I told my mom I knew she was dead and she was shocked I knew before anyone told me.

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[+] [\[deleted\]](#) 2 months ago (2 children)

[–] [mikeymcd1](#) 23 points 2 months ago

I had something very similar happen to me. My younger brother passed away very suddenly at 31 - extremely fit, Ironman athlete, died in his sleep. We too were extremely close. A few nights prior to his actual death I had a dream that he died that was so vivid that I told my wife about it the next morning. The first thought I had when I found out he died was "This isn't a dream this time." I have heard a lot of similar stories from others.

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[–] [theo69lel](#) 10 points 2 months ago

May I ask if he had an autopsy done? It's generally terrifying to know that someone that young can just die in his sleep one night. I'm sorry about your brother!

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[–] [2JMAN89](#) [Boo](#) 6 points 2 months ago

You couldn't catch up cause your brother loves you. Most other spirits wouldn't care about your spiritual safety. In fact, I've found dream spirits desperately want attention (I lucid dream, I can say hi to those spirits without fear of nightmares or worse) but hate deep interaction. They want to play and enjoy/lifeish life with you. They want to taste life and we give a very pure dose of life in our dreams. 5-15 mins of rem per hour we can give to these spirits or see their realm. The longer you stay, the more you hate to leave. This is, in my opinion, a large part of why people with serious depression sleep way too much.

I know my spirits, they won't let me leave their dream home. I haven't been able to dream of a new location for the last 3 years. And this is with my lucid dreams. The landscape had a limit now, the spirits love my dreams too much

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[–] [TurtleBuoy](#) 2 points 2 months ago

im so sorry for your loss. sending love your way.

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[–] [Kmin78](#) 17 points 2 months ago

There are some scientists who have been looking into this phenomena. Rupert Sheldrake has a theory of consciousness that would account for them (human brain as a receiver more than a generator). There are many accounts of people who have "passed on" visiting their families shortly after dying. I think it is Peter Fenwick (an expert on near-death experiences) who recounts a story of a woman's drowned Son who came to her in soaking wet clothes. Many of these occur before a loved one finds out there had been a death in the family.

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[–] [AdImpressive82](#) 7 points 2 months ago\*

Maybe it's your brother's way of saying he's moving on and it's ok. I'm so sorry for your loss

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[–] [marlayna67](#) 6 points 2 months ago

I'm so sorry for your loss. I had a dream that both of my parents died last night and woke up totally distressed. I wish you great healing.

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[–] [MadlogicMysteries](#) 6 points 2 months ago

I'm really sorry for your loss, my friend.

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[–] [Jrod9190](#) 8 points 2 months ago

That's sad

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[–] [WhereWolfish](#) 11 points 2 months ago

I'm so sorry for the loss of your brother. :(

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[–] [Sixsixsixties](#) 16 points 2 months ago

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[–] [gabberpaul](#) 22 points 2 months ago

i do hear a lot of similar stories. I think its a way for a recently dead person to tell others that they are moving on to the next world.

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[–] [whatsthehappenstance](#) 18 points 2 months ago

I don't have any sources but I can say I've heard of this.

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